



# Ixworth Court

Specialist Dementia Care Home





# Life at Ixworth Court

Leaf Care is a quality care home provider in East Anglia that offers a Specialist Dementia Care Home in Ixworth, Suffolk.



At Ixworth Court we don't just provide a home for your loved ones, we provide a community. We support you in your journey and we are there to guide you every step of the way.

We believe that those living with dementia should have the opportunity to do just that, live. We provide daily structure without compromising on freedom and offer stability within a safe and inviting environment.

We encourage residents to live a life that will closely mirror the one that they are used to, one that is as normal for them as possible, minimising confusion and helping them to maintain independence and self-being.

Ixworth Court enhances life quality by providing access to outdoor spaces. We support the benefits of regular exercise and exposure to daylight and fresh air, along with the enjoyment of nature, planted gardens, and the appreciation of seasons. We offer the opportunity to take part in seasonal activities and encourage healthy living.

Our open spaces enable residents to wander around safely within secure walkways. They can use the main high street to visit recognizable places such as the supermarket, or the café to meet with other residents in familiar surroundings with like-minded people.

# Environment & Facilities

Ixworth Court is divided into 2 houses with 8 residents living in each house.

Each house is built to the recommended high standards and is equipped with a separate kitchen for cooking, a dining room for eating, and a lounge area for relaxing. All residents have their own bedroom with access to a healthcare bed and an en-suite shower room.

This style of communal living aims to provide a sense of 'home from home' providing normal household routines whilst living in familiar surroundings and having daily contact with small groups of people. This approach positively sets us apart from larger care homes and provides an environment that is proven to reduce symptoms sometimes associated with dementia, including confusion; fear; agitation; and regression.

The Specialist Dementia Care Home has been purpose-built to represent typical life, it has a street that links the houses; a village hall where there is a shop; visiting markets; activities; a café with outside seating areas; a restaurant; a marquee for outside functions, and a village square with gardens.



The living environment is supported by professional carer's who treat individual well-being and care as their priority, all within safe and protected surroundings.

At Ixworth Court you can expect a room with en-suite facilities, and a team dedicated to helping new residents settle. We encourage familiar items and personal belongings within bedrooms, to aid in this settling process.



## Safety and peace of mind

- Purpose-built care home on one level that includes specialist equipment; wheelchair access; wide doors; ramps; and coded doors.
- Up-to-date nurse-call monitoring system
- Fire alarms in all rooms with emergency lighting
- Secure entrance and enclosed gardens
- CMS which stores care records. There is a facility for the family to log on daily and view the given care, activities engaged in, and additional notes.
- Flexible visiting times. Doors close at 10.45pm for the night team to care.
- Choice of meal times. Choice of daily activities.

## Services included

- Your room and in-house facilities
- Care-giving home and residential support
- Social coach to helps with individual care plans
- Specialist care-plans which are accessible to families via secure computer management web-based systems (CMS)
- Food and laundry
- Specialist healthcare bed
- Ordinary life therapy support
- Professional Experts (Visiting)

## Additional services

- Accompanied trips for appointments
- Hairdressers, Chiropodists, Therapists
- Additional activities such as the Gym; Yoga; Zumba; Shows, and Entertainment
- Private parties including hire of the marquee
- Additional ironing services and laundry requirements
- Daily delivered newspapers
- Items from the on-site shop



# Our Team

Proficient & Compassionate

We take great care when we recruit, ensuring our people are both experienced and kind-hearted, allowing them to provide professional care with a personal approach, and make certain that they are well adept to understanding the needs of those with dementia.

## ROOTS Training™

Our connected company 'Roots Training Services' (RTS) provide our teams with excellent quality training in adult care, ensuring that we are qualified in everything we do and that we deliver quality services that satisfy safety regulation.

Through RTS we actively develop our staff to ensure the best quality care to those dear to you. We are proud to have a wonderful reputation evidenced through Care Quality Commission Ratings (CQC) and testimonials from families.

Ixworth Specialist Dementia Care Teams:

### Care teams (Day and night)

Our care teams are trained to offer lifestyle therapy care.

### Management Teams

Our management teams are trained in structuring care. The day and night teams deliver high-quality care and liaise with both the care team and family members.

### Cooks, Cleaners & Lifestyle Supporters

This team supports ordinary daily life and can additionally cater for special occasions.

# What's next?

Come for a visit!

We encourage visits to Ixworth Court from Families, Social Workers, and NHS Discharge Nurses. Give us a call today to arrange your visit: **01359 231188**

We would welcome the opportunity to answer any questions that you have, and to arrange a suitable time for you to visit our Specialist Dementia Care Home.

If you decide that community living at Ixworth Court is the best place for your loved one, we can arrange a 'Lifestyle Assessment' to ensure that we can best support their individual needs.

We can then work closely with the resident to be and their family to settle them into their new environment.

Get in touch to find out more, visit our website to access additional information from funding advice to CQC reports.

Call **0844 561 6711**

Email **[info@leafcareservices.co.uk](mailto:info@leafcareservices.co.uk)**

**[www.leafcareservices.co.uk](http://www.leafcareservices.co.uk)**

